

Developmental Analysis / Treatment Approach - NeuroDevelopmental - Autistic Spectrum

This is the typical approach, although it may differ in certain cases. For example, we may review ppwk on initial consult if earlier consult desired. (Initial ~5-10 min initial consult is no charge.)

We have 3 means of approaching this condition:

1. **Comprehensive** – Full evaluation will determine where the deficit is and how to proceed.
 - a. **Neuromotor** – Thorough assessment/treatment of Brain Balance, Strength, Coordination, Primitive Reflexes, etc.
 - b. **Biomedical** - Thorough assessment/treatment of Deficiencies, Toxicities, GI Dysfunction
2. **Neuromotor only** – Evaluation excludes Biomedical. Avail. only upon Dr. authorization.
3. **Biomedical only** – Evaluation excludes Neuromotor. Avail. only upon Dr. authorization.

Initial PPWK – completed and submitted before **Initial Consult** – visaliasynergychiropractic.com/paperwork/.
- **Developmental-Neurobehavioral Questionnaire - Autistic Spectrum**
- **Food Diary** – for 1-2 weeks

Initial NeuroDevelopmental Consult – 1 hour \$400 (Initial ~5-10 min initial consult is no charge.)

Scheduled for about 1 week or longer after **Initial PPWK** is received.

- **Goal:** Clarify History & Determine Motivation, Desired Approach, & Goals (“Wish list”)
- **Give Action Steps:**
 - Usually incl: Diet Plan (GFCF & SCD), B12 (nasal), Multi, [possibly Ca⁺⁺]; **Testing**
- **Cursory Examination** – ~5 min (no extra charge)
- Since this lasts for 1 hour, the child will typically need someone to entertain him/her during ‘boring’ conversation times.

Testing: Initially focused upon Proper Digestion, Absorption, and Utilization and usually includes:

- **Specialty Lab** (insur. usu. does not pay): **Triad Profile** (\$450) – Deficiency, Toxicity, etc.; **Stool**(\$180)
- **In-office urine lab tests** (insur. usu. does not pay): **Oxidata**, **Indican**(Malabsorption), **Koenisburg**(Adrenal), **iHMT** (\$45)
- **Conventional Lab** (insur. often pays, but may need special referral): **CBC**, **UA**, **Chem Panel**
Results take ~2 weeks to come in **AFTER** specimen is sent. (See “**Initial Follow-up Consult**”)

Initial Full Examination – 20-30 min \$85

Usually 2 weeks **before** -to- 1 month **after** **dietary changes** and **initial supplementation** begin.

Initial Follow-up Consult – 1 hour \$400 – Lab interpretation fee is usually replaced with face-to-face time.

Usually about 1 month after **Initial Consult**

- **Goal:** Discuss Lab Results, Changes with treatment thus far, and future approach
- **Action Steps:**
 - Modify/Continue Diet Plan and Supplements
 - Physical Treatment recommendations based on **Initial Examination & Initial PPWK**
 - Exercises, Therapy (Home and Office), Adjustments, etc.

Additional Follow-up Consults – 15 min-1 hour (\$100/ 15 min)

Usually about 2-3 months after **previous Consults**

Follow-up Testing – Focus on checking results of interventions & assessing need for more aggressive steps.

Repeat some previous: 3-6 months after **initial Testing**, depending upon severity & interventions.

May incl.: **Hepatic Detox_{DD}** (incl. cysteine & methionine) — to asses load and need (\$90-150); **heavy metal testing-blood (often ‘Porphyrin’)** (~\$160) — mercury/lead (labbio.net or **MM**); **immune tests**(TH-1/ TH -2; ASO, ADB re:OCD; EBV, CMV, HSV) —need for immune treatments? (vs. chronic viral or bact. infection); **anti-oxidant proteins – Detox PROTOCOL** (www.autism.com/triggers/vaccine/heavymetals.pdf)

Referrals – If testing or other findings indicate a need for medication (anti-viral or antibacterial), chelation, or other invasive approach, recommendations will be discussed with you. Also, options for medications, etc. will be discussed so that you are aware of possible approaches.

Email and Short Phone calls – Short communications to clarify information, application, etc. will not be charged. It is only when these discussions are extensive and/or bring up new lines of discussion that fees (\$300/hour) will apply. – No “nickel-and-diming.”

Package Deal for a 12-week program addressing Functional Disconnection Syndrome for those with ADHD, higher-functioning autism, dyslexia, PDD, and similar conditions.

The program consists of 36 sessions over 12 weeks.

It begins with a two-day assessment, costing \$325, of every area of the child's brain and how it performs. This includes assessing the child's motor skills, timing and rhythm, and how he or she visually and verbally processes information.

The center also sends a urine sample to a lab in Georgia to be analyzed to develop a customized vitamin and mineral supplement and a customized amino acid supplement. A three-month supply of those supplements costs \$125 to \$500.

Specific exercise protocol is then developed for him or her.

We use a comprehensive multimodal approach that integrates physical and cognitive exercises with specific dietary changes.

The 36 sessions take place three days a week. A staff person works with two children at a time.

The children spend

- 30 minutes in the "sensory-motor room" and
- 30 minutes in the "neuro-cognitive room."

The sessions include exercises for motor skills, balance, body-sense awareness, timing and rhythm - "all emphasizing the more deficient hemisphere.

Generally, children with mild or moderate "functional disconnection" require only a 12-week course to reach their maximum improvement. Other children require more time.